



# HOLY SATURDAY

The dead sing no Hallelujah  
nor do those who lie silent in the ground.

Psalm 115

11 April, 2020

*image by Miya Ando,  
[bit.ly/MiyaAndoAbstract](https://bit.ly/MiyaAndoAbstract)*

This year, we have to keep Holy Week and Easter differently - unable to gather, each finding our own ways to pray at home. For the great three days of the Triduum (Maundy Thursday, Good Friday, & Easter) we are offering some ideas on how to structure time and keep these holy days. Each day, we invite you to take the key hours of prayer away from computers, telephones, sound and screen. Seek a quiet place to immerse yourself in sacred story.

Please read through the suggestions the day before or in the morning, so that you are ready to pray at the key hours. Adapt this however you wish. Share as you wish. There will also be links on our webpage ([walthamgroupchurches.co.uk](https://walthamgroupchurches.co.uk)) and facebook page ([facebook.com/walthamgroupchurches](https://facebook.com/walthamgroupchurches)). We wish you a blessed Triduum in this difficult year.

## PREPARING TO PRAY

Holy Saturday is a day of waiting and a day of grief. Simple prayers may be said – there is a link for morning and evening prayer on the web site. But honesty? I sometimes think Jesus deserves a break on Holy Saturday, and our prayers can be as simple as staying focused on the in-between space as we prepare for Easter.

Normally, this is the day that we scrub the church clean and arrange the flowers. The suggestion is that you do the same at home today.

## CLEAN CLEAN CLEAN

You know what to do.

Deep clean a room, do the whole house, whatever helps you get ready for Easter.

## DECORATE

Prepare a space to celebrate Easter.

Some ideas (links on the web page:  
[walthamgroupchurches.co.uk](http://walthamgroupchurches.co.uk))

- ✦ bring in fresh flowers or branches for the table.
- ✦ make Alleluia bunting, a flag, streamers...
- ✦ decorate eggs, pull out all the rabbits You know what to do...

## CHOOSE YOUR RECIPES

What are your favourite Easter foods? We might have to be a bit creative this year if the cupboards are bare, but there are links on the webpage for some of my favourites.

## PREPARE FOR TOMORROW

Read the resources for Easter Day and prepare what you need to celebrate well on Sunday.